

COMMUNITY BASE OPEN DAY PROGRAMME MONDAY 5TH JULY 2010



Community Base, 113 Queens Road, Brighton

A home for community and voluntary groups in Brighton and Hove

www.communitybase.org

1PM-4PM OPEN HOUSE

YOUR CHANCE TO VISIT THE CHARITIES AND COMMUNITY GROUPS AT COMMUNITY BASE

- Groups' offices are listed from north to south on each floor
- Groups' offices may not be open for the whole time - look out for the WE ARE OPEN signs
- The offices of AudioActive, Carousel and the Immigration Legal Service will not be open on the open day

LOWER GROUND FLOOR

- **BRIGHTON AND HOVE VOLUNTEERS** promotes volunteering for 16 to 25 year olds in the local community
- **MENCAP** works with people with a learning disability to support them to lead full lives

GROUND FLOOR, EAST SUSSEX CREDIT UNION ENTRANCE ON QUEENS ROAD

- **EAST SUSSEX CREDIT UNION** provides secure savings accounts and low cost flexible loans when most needed
- **POHWER** is a charity providing independent advocacy

FIRST FLOOR

- **SANCTUARY CARR-GOMM** provides supported accommodation for single people over 18
- **BHT ADVICE CENTRE** provides advice, information and legal representation on housing and accommodation

SECOND FLOOR

- **AMAZE** offers support and information to parents and carers of children with special needs
- **GENDER TRUST** provides information and support to people who consider themselves transsexual, gender dysphoric or transgenderist, their partners, families and professionals
- **TB ALERT** raises awareness of Tuberculosis in the UK, Africa and Asia and funds projects which increase access to treatment for all
- **MOSAIC BLACK AND MIXED PARENTAGE FAMILY GROUP** is a community support group for black and mixed parentage families and individuals
- **ASSERT (B&H)** supports adults with Asperger syndrome or high functioning autism and their carers living in Brighton and Hove
- **SUSSEX INTERPRETING SERVICES** provides trained community interpreters free of charge in order to increase access to local public services to non-English speakers from black and ethnic minority communities

THIRD FLOOR

- **NOVAS SCARMAN** distributes small grants and provides ongoing support to active citizens and community groups
- **CREATIVE FUTURE** provides training, support, exhibiting and publishing opportunities to marginalised artists and writers
- **RHYTHMIX** provides opportunities for young people to make music and training for music leaders across the south east
- **CARERS CENTRE FOR BRIGHTON AND HOVE** provides information, support and advocacy for carers in Brighton and Hove

FOURTH FLOOR

- **FRIENDS, FAMILIES AND TRAVELLERS** offers advice and information to all members of the Traveller community throughout the country, both traditional and new, housed or on the road
- **BRIGHTON AND HOVE BLACK HISTORY** challenges racism and prejudice by raising awareness of the multicultural history of Britain, particularly Brighton, Hove and Sussex
- **MEDITERRANEAN RESOURCES NETWORK** provides information and support to not-for-profit and community groups from, or with an interest in, the Mediterranean region
- **CRUSE BEREAVEMENT CARE** offers help to all bereaved people by providing advice, information, counselling and an opportunity for social contact
- **SCIP** explores ways in which new information and communications technology can benefit local community development
- **RYICO** supports vulnerable young people in Rwanda and raises awareness locally of Rwanda and its culture
- **NHS SUPPORT FEDERATION** is an independent organisation that works to protect and promote a comprehensive national health service
- **CROSSROADS CARE BRIGHTON AND HOVE** runs a care attendant scheme that gives carers a break from caring

1PM-4PM IN OUR CONFERENCE ROOM

FILMS, SLIDE SHOW AND REFRESHMENTS IN OUR FIFTH FLOOR CONFERENCE ROOM

1pm THE TRUTH ABOUT TB

A film by TB Alert

1.30pm SOME SHORT FILMS FROM CAROUSEL

Five short films from the award winning charity that helps people with a learning disability reach their potential in the arts

2pm DIFFERENCES BETWEEN OUR COUNTRY AND THE UK

A film by young refugees and asylum seekers with RASP / Brighton and Hove Volunteers

2.30pm 20 YEARS OF MOSAIC BLACK AND MIXED PARENTAGE GROUP

A presentation and slide show

3.15pm A CARING LIFE

A film about local carers from the Carers Centre for Brighton and Hove, Brighton and Hove City Council and Brighton and Hove NHS

3.50pm WELCOME TO COMMUNITY BASE!

A short film made to celebrate Community Base's 10th birthday in 2007

4PM-5.30PM OPEN DISCUSSION

REAL HELP FOR REAL PEOPLE - WHY GRASSROOTS, FRONTLINE SERVICES MATTER

Speakers include **CAROLINE LUCAS MP** and **SARAH FAULKNER** (award winning local charity Assert)

5.30PM PARTY!

Eat, drink and get on down to bluegrass psychobilly from local stars **Chicken Shed Zeppelin**

COMMUNITY BASE IS...

an independent charity providing a **home to 27 charities and community groups** in Brighton and Hove. Community Base also

- publishes a **free annual poster guide** to community services in Brighton and Hove which it distributes to hundreds of council agencies, community centres and frontline services across the city
- runs a **busy reception** visited by thousands of people a year looking for help or wanting to help others
- runs **four free online information services** helping people find **community jobs, volunteering opportunities, community services** and **local venues** that are used by thousands of people every year
- provides high quality, affordable **meeting space** for dozens of local community groups in its conference room
- offers a range of free services to local charities and community groups including **help with fundraising** and **free postal addresses** for community groups